



10th INTERNATIONAL CONFERENCE ON *Life Skills Education*



DATE
27th February - 1st March 2025



VENUE
Nirmala Institute of Education, Panaji, Goa

ON THE THEME

**LIFE SKILLS INTEGRATED LEARNING AND LIVING:
PATHWAYS FOR A SUSTAINABLE FUTURE**

Organized by

**INDIAN ASSOCIATION OF LIFE SKILLS EDUCATION (IALSE), CHENNAI &
NIRMALA INSTITUTE OF EDUCATION, PANAJI, GOA**

PROGRAMME SCHEDULE

Day One: 27/02/2025

09.00 – 10.00 am	Registration
10.00 – 11.00 am	Inaugural Function
11.00 – 12.15 pm	Tea Break & Transit to Nirmala Institute of Education
12.15 – 12.30 pm	Welcome Address
12.30 – 01.45 pm	Parallel Sessions Symposium I: Integrating Life Skills into Education - Opportunities and Challenges Panel Discussion I: Community-Led Sustainable Lifestyles - Empowering Local Communities through Life Skills
01.45 – 02.30 pm	Lunch
02.30 – 03.45 pm	Parallel Sessions Symposium II: Life Skills for Building Entrepreneurial Mindset



	Panel Discussion II: Addressing Gender Bias: Role of Life Skills Education
03.45 – 04.00 pm	Tea Break
04.00 – 05.30 pm	Plenary Session: Teen Talk – Life Skills & Youth Engagement
05.30 – 06.30 pm	Thematic Paper Presentations
06.30 – 07.30 pm	Cultural Programme
07.30 – 08.30 pm	Meet and Greet
08.30 – 10.00 pm	Dinner

Day Two: 28/02/2025

09.30 – 11.00 am	Parallel Sessions Symposium III: Life Skills Integrated Adolescent Reproductive and Sexual Health Education Panel Discussion III: Life Skills Education for Inclusive Communities
11.00 – 11.15 am	Tea Break
11.15 – 12.45 pm	Parallel Sessions Symposium IV: Adapting to Climate Change - Practices for a Modern Sustainable Lifestyle Panel Discussion IV: 21 st Century Life Skills in School Education: High order thinking and problem-solving skills
12.45 – 01.45 pm	Lunch
01.45 – 03.45 pm	Plenary Session: NGO Conclave – Innovations in Life Skills Integration: – Case studies for holistic personal and societal development
03.45 – 04.00 pm	Tea Break
04.00 – 05.30 pm	Plenary Session: Focus Group Discussion: Uses and abuses of AI - Life Skills approach for digital well-being
05.30 – 06.30 pm	Thematic Paper Presentations

Day Three: 01/03/2025

09.30 – 11.00 am	Plenary Session: Invited Lecture – Life Skills Approach to Positive Mental Health
11.00 – 11.30 am	Tea Break
11.30 – 01.30 pm	Plenary Session: Think Tank – Life Skills Education in the Context of NEP 2020: A Multistage Approach - Schools, Higher Education, and Teacher Education



01.30 – 02.30 pm	Lunch
02.30 – 03.30 pm	Convergence
03.30 – 04.00 pm	Tea Break
04.00 – 05.20 pm	Valedictory
05.20 – 06.00 pm	Certificate Distribution

List of Sessions

Symposium I	Integrating Life Skills into Education: Opportunities and Challenges
Symposium II	Life Skills for Building Entrepreneurial Mindset
Symposium III	Life Skills Integrated Adolescent Reproductive and Sexual Health Education
Symposium IV	Adapting to Climate Change – Practices for a Modern Sustainable Lifestyle
Panel Discussion I	Community-Led Sustainable Lifestyles: Empowering Local Communities through Life Skills
Panel Discussion II	Addressing Gender Bias: Role of Life Skills Education
Panel Discussion III	Life Skills Education for Inclusive Communities
Panel Discussion IV	21st Century Life Skills in School Education: High Order Thinking and Problem-solving Skills
Teen Talk	Life Skills & Youth Engagement
NGO Conclave	Innovations in Life Skills Integration - Case studies for holistic personal and societal development
Focus Group Discussion	Uses and Abuses of AI - Life Skills Approach for Digital Well-being
Invited Lecture	Life Skills Approach to Positive Mental Health
Think Tank	Life Skills in NEP 2020 - A Multistage Approach - Schools, Higher Education and Teacher Education
Thematic Paper Presentations	



SUB-THEMES:

A) Life Skills for Personal Growth and Global Competence

1. Experiential learning as a catalyst for personal development
2. Building cultural competence and active citizenship through global and local exposure
3. Digital nomadism and the growing trend of remote working and learning environments
4. Balancing personal aspirations with environmental and cultural conservation

B) Community Empowerment and Economic Sustainability

1. Community-driven models for preserving cultural heritage
2. Empowering local economies through life skills education and sustainable practices
3. Integration of life skills into wellness and holistic living
4. Life skills education to support migrants and foster inclusive communities

C) Education, Policy, and Sustainable Development Goals (SDGs)

1. Integrating life skills into formal education policies and systems
2. Life skills integrated Adolescent Reproductive and Sexual Health Education
3. 21st Century Life Skills in School Education: High order thinking and problem-solving skills.
4. Embedding environmental and cultural conservation into educational frameworks
5. Life skills education for achieving the Sustainable Development Goals (SDGs)