

INDIAN ASSOCIATION OF LIFE SKILLS EDUCATION (IALSE), CHENNAI

&

NIRMALA INSTITUTE OF EDUCATION, ALTINHO, PANJIM

10TH INTERNATIONAL CONFERENCE ON LIFE SKILLS EDUCATION

On

Life Skills Integrated Learning & Living:

Pathways for a Sustainable Future

PROGRAMME SCHEDULE

Day One: 27/02/2025

TIME	PROGRAMME AND SESSION DETAILS
09.00 - 10.00 am	Registration
10.00 am - 11.00 am (IST) Venue: Durbar Hall, Raj Bhavan Goa	INAUGURAL FUNCTION Life Skills Integrated Learning and Living: Pathways for a Sustainable Future
	Student Coordinators: RAPPORTEURS: Cleeva and Amayas COMPERING: TECHNICAL SUPPORT: PHOTOS: Chandrakant Parab

11.00-12.15 pm	Tea Break & Transit to Nirmala Institute of Education, Altinho
12.15 - 12.30 pm Main Hall, Nirmala Institute of Education (NIE)	Welcome Address Sr. Olga Vaz Manager, Nirmala Education Society Panjim, Goa

<p>Date: 27.02.2025</p> <p>Time: 12.30 pm - 1.45 pm (IST)</p> <p>Venue: Main Hall</p>	SYMPOSIUM I	
	Integrating Life Skills into Education: Opportunities and Challenges	
	Chairperson Dr A. Radhakrishnan Nair Founder President, IALSE; Former Registrar, Central University of Kerala, Visiting Professor, Assam Don Bosco University; Director, Global Givers Foundation	
	SPEAKERS	
	Aryavan McSweeney Director of Living Wisdom School of Palo Alto; Vice President, Education for Life International (Online)	Dr. Pramila Thapa Associate Professor, Yeti Health Science Academy; Founder, Life Skill Education, Nepal (Online)
Dr. Gauri Hardikar Senior Vice-President, World Curriculum, Comparative Education Societies, Geneva, Switzerland; Executive Director, IOCES	Dr Pandurang Pandit Officiating Principal, HPSM's Ganpat Parsekar College of Education, Goa	

	<p align="center">Dr. Sreehari Ravindranath Director – Research and Impact, Dream a Dream, India</p>	<p align="center">Ms. Ozai Mehr Student CMI Devagiri Public School Calicut</p>
	<p>Student Coordinators: RAPPORTEURS: (Symposium I) Jolantha and Shanugra COMPERING: Mizia, Lisa, Nigel TECHNICAL SUPPORT: Sieno, Nigel, Mizia, Lisa PHOTOS: Chandrakant Parab</p>	

<p>Date: 27.02.2025</p> <p>Time: 12.30 pm - 1.45 pm (IST)</p> <p>Venue: D. El. Ed Conference Room</p>	<p align="center">PANEL DISCUSSION I: <i>Community-Led Sustainable Lifestyles: Empowering Local Communities through Life Skills</i></p>	
	<p align="center">Chairperson: Prof K Gireesan Officer on Special Duty Regional Centre Campus and Head Department of Public Administration Rajiv Gandhi National Institute of Youth Development Chandigarh</p> <p align="center">Special Invitee: Shri Shankar Chodankar Adhyaksha, North Goa Zilla Panchayat</p>	
	<p align="center">PANELISTS</p>	
	<p align="center">Dr. Sudha G Associate Professor, SMGFGC, Kollegal, BADAKU Social-Cultural- Educational Trust, Karnataka</p>	<p align="center">Prof Suman Kumar Professor, Department of Political Science, Rajdhani College, New Delhi</p>

	<p align="center">Prof Shaila D'souza Professor of Women's Studies, D.D. Kosambi School of Social Sciences and Behavioural Studies, Goa</p>	<p align="center">Dr. Vidhya Gaude Project Director, GOVAN, Goa State Biodiversity Board, Government of Goa</p>
	<p align="center">Ms Sukanya R Program Manager, Swasti - The Health Catalyst, Bangalore</p>	
	<p>Student Coordinators: RAPORTEURS: (Panel Discussion I) Cedric and Aidan COMPERING: Ankanni, Jwelency, Janice TECHNICAL SUPPORT: Ankanni, Jwelency, Janice, Sieno, Nigel PHOTOS: Chandrakant Parab</p>	
1.45-2.30 pm	LUNCH BREAK	

	<p>SYMPOSIUM II</p> <p><i>Life Skills for Building Entrepreneurial mindset</i></p>
<p>Date: 27.02.2025</p> <p>Time: 2.30 pm - 3.45 pm (IST)</p> <p>Venue: Main Hall</p>	<p>Keynote Speaker: Dr. Khagendra Dhakal Specialist Lecturer King Mongkut's University of Technology North Bangkok (Online)</p> <p>Chairperson: Ms Asha Arondekar Chairperson, GCCIWW</p>
	SPEAKERS

	<p>Prof. Reena Chevalath Professor, Birla Institute of Science and Technology, Goa</p>	<p>Prof. R. Nirmala Associate Professor, Management Studies, Goa Business School</p>
	<p>Prof. D. N. Venkatesh Faculty, Goa Institute of Management</p>	
	<p>Student Coordinators: RAPORTEURS: Daniella and Amayas COMPERING: Mizia, Lisa, Nigel TECHNICAL SUPPORT: Sieno, Nigel, Mizia, Lisa PHOTOS: Chandrakant Parab</p>	

	<p>PANEL DISCUSSION II: <i>Addressing Gender Bias: Role of Life Skills Education</i></p>	
<p>Date: 27.02.2025</p> <p>Time: 2.30 pm - 3.45pm. (IST)</p> <p>Venue: D. El. Ed Conference Room</p>	<p>Keynote Speaker Mrs. Sulakshana Sawant Politician, Educationist, Social Worker</p>	
	<p>Chairperson Dr. Sunitha Ranjan Life Skills Consultant & Coach, Former President, IALSE</p>	
	<p>PANELISTS</p>	
	<p>Dr. N. Manimekalai Director Centre for Women's Development Studies, Delhi (Online)</p>	<p>Dr Amruthraj R M Specialist in Women Studies Kerala Institute of Local Administration (KILA) Thrissur (Online)</p>

	Dr. G Sheela Dept. of Studies in Education, University of Mysore	Ms. Ketaki Parob Member, Goa State Commission for Women
	Shri Sudesh Nanda Gaude Assistant Professor in Psychiatric Social Work	
	RAPORTEURS: Jolantha and Cleeva COMPERING: Ankanni, Jwelency, Janice TECHNICAL SUPPORT: Ankanni, Jwelency, Janice PHOTOS: Chandrakant Parab	
3.45-4.00pm	TEA BREAK	

Date: 27.02.2025	PLENARY TEEN TALK: <i>Life Skills & Youth Engagement</i>
Time: 4.00 pm-5.30 pm	Keynote Speaker Dr. Sneha Gitte, IAS Collector & District Magistrate, North Goa
Venue: Main Hall	Chairperson Ms. Mumtaz Syed Founder Director, The Sky Explorers
	SPEAKERS

	<p style="text-align: center;">Ms Ozai Mehr Student CMI Devagiri Public School, Calicut</p>	<p style="text-align: center;">Students of Mushtifund High School, Cujira. Poorvi Pankaj Deshpande (class IX) Nisha Kansara (class XI) Mruga Dabholkar (Teacher)</p>
	<p style="text-align: center;">Students of Don Bosco High School, Panjim. Zaeem Beig (Class IX) Zubin De Sa (Class IX) Prathamesh Halarnekar(Class VII)</p>	<p style="text-align: center;">Students of Rosary High School, Cujira. Kryzelle Ribeiro (class IX) Ethaen Camotim (class IX)</p>
	<p>Student Coordinators: RAPORTEURS:(Teen talk) Mariel and Daniella COMPERING:Michelle, Trupti, Grace TECHNICAL SUPPORT: Michelle, Trupti, Grace, Sieno, Nigel PHOTOS: Chandrakant Parab</p>	
5.30 - 6.30pm	<p>THEMATIC PAPER PRESENTATIONS Venue: Room 1 / Room 2 / Annex Conference room</p>	
	<p>Student Coordinators: RAPORTEURS: (Paper Presentations): Cedric, Adan, Amayas, Mariel COMPERING: Mizia, Lisa, Nigel (Room 1). Michelle, Trupti, Grace (Room 2) Ankanni, Jwelency, Janice (D.El.Ed conference room) TECHNICAL SUPPORT: Sieno, Nigel PHOTOS: Chandrakant Parab</p>	
6.30 - 7.30 pm Venue: Main hall	<p>Cultural Programme</p>	
	<p>Student Coordinators: RAPORTEURS: Cedric, Adan COMPERING: Michelle, Trupti, Grace TECHNICAL SUPPORT: Michelle, Trupti, Grace, Sieno, Nigel PHOTOS: Chandrakant Parab</p>	
7.30 - 8.30 pm Venue: Campus	<p>Meet and Greet</p>	

8.30 - 10.00 pm Venue: Yoga Hall	Dinner

Day Two: 28/02/2025

<p>Date: 28/02/2025</p> <p>Time: 9.30 am - 11.00 am (IST)</p> <p>Venue: Main Hall</p>	<p>SYMPOSIUM III: <i>Life Skills Integrated Adolescent Reproductive and Sexual Health Education</i></p>	
	<p>Chairperson Dr Nilesh Patil Director, Adolescent Program FPA India</p>	
	<p>SPEAKERS</p>	
	<p>Mr. Sudhir Kumar Kapoor Former Senior Lecturer SCERT, Delhi</p>	<p>Dr. Raheemudheen P.K. Clinical Psychologist In Health Services, Govt. of Kerala Govt. Mental Health Center Thrissur, India</p>
	<p>Dr. K. Prabhudas Senior Public Health & Development Professional, Chennai</p>	<p>Mr Parag Sharma General Manager and Regional Head, FPAI, Agra</p>
	<p>Mr Manoj Garg, General Manager FPAI, Panchkula</p>	<p>Ms Madhuvanti Hiremath Youth volunteer FPAI, Dharwad</p>
<p>Mr Kartik Shagoti Youth volunteer and CEC Member</p>		

	FPAI, Mumbai	
	<p>Student Coordinators: RAPORTEURS: (Symposium III): Shanugra and Daniella COMPERING: Rianna, Rania, Clint, Leanne TECHNICAL SUPPORT: Rianna, Rania, Clint, Rianne PHOTOS: Chandrakant Parab</p>	

<p>Date: 28.02.2025</p> <p>Time: 9.30 am - 11.00 am (IST)</p> <p>Venue: D. El. Ed Conference Room</p>	<p>PANEL DISCUSSION III:</p> <p><i>Life Skills Education for Inclusive Communities</i></p>	
	<p>Keynote Speaker Prof Anand Kumar Visiting Professor Dayanand Bandodkar Chair Goa University</p>	
	<p>Chairperson Prof. V. Reghu Former Dean & Controller of Examinations (Retd), RGNIYD, Govt. of India</p>	
	<p>PANELISTS</p>	
	<p>Dr Sabyasachi Rout Sr. Project Manager Life Skills Education KISS (Online)</p>	<p>Dr Janet Fernandes Professor & Head Department of Psychology St. Xavier's College, Goa</p>
<p>Dr Priyanka Raikar Founder & Proprietor Miracle Pediatric Neuro Therapy Clinic, Goa</p>	<p>Brigadier (Dr.) Vinay Singh Chauhan Prof & HoD Dept of Psychiatry, AFMC</p>	
	<p>Student Coordinators: RAPORTEURS: (Panel Discussion III): Jolantha and Mariel COMPERING: Ancilla, Venice, Nunzia</p>	

	TECHNICAL SUPPORT: Ancilla, Venice, Nunzia PHOTOS: Chandrakant Parab
11.00am - 11.15pm	Tea Break

<p>Date: 28.02.2025</p> <p>Time: 11.15 am - 12.45 pm (IST)</p> <p>Venue: Main Hall NIE</p>	<p>SYMPOSIUM IV:</p> <p><i>Adapting to Climate Change – Practices for a Modern Sustainable Lifestyle</i></p>	
	<p>Keynote Speaker Dr. Ioannis Adamopolous Researcher, MPH, PhD, Public Health Inspector; Department of Public Health Policy, School of Public Health, University of West Attica, Greece (Online)</p> <p>Chairperson Dr Sushi Kadanakuppe Associate Professor, Department of Public Health Dentistry, V. S. Dental College and Hospital, Bengaluru</p>	
	SPEAKERS	
	<p>Dr. Sr. Delia Antao Nirmala Institute of Education Altinho, Panaji, Goa</p>	<p>Dr. Narsinh Thakur Senior Principal Scientist National Institute of Oceanography Goa</p>
	<p>Ms. Harshada Gauns Founder President Arannya Environment Research Organization</p>	<p>Ms. Arti Ahluwalia United Nations Representative - Coordinator of Publications UN Commons Cluster NGO Major Group (Online)</p>
<p>Student Coordinators: RAPORTEURS: (Symposium IV): Shanugra and Cleeva COMPERING:Rianna, Rania, Clint,Leanne TECHNICAL SUPPORT: Rianna, Rania, Clint,Leanne PHOTOS:Chandrakant Parab</p>		

<p>Date: 28.02.2025</p> <p>Time: 11.15 am - 12.45 pm (IST)</p> <p>Venue: D. El. Ed Conference Room</p>	<p>PANEL DISCUSSION IV</p> <p><i>21st Century Life Skills in School Education: High order thinking and problem-solving skills</i></p>	
	<p>Chairperson Mr. Nagendra R Program Manager Pi Jam Foundation</p>	
	<p>PANELISTS</p>	
	<p>Ms. Abhilasha Singh Principal Shining Star International School Abu Dhabi UN Representative - Education Outreach</p>	<p>Dr Shareef Povval CEO & Founder, Institute for Career Guidance and Research India (ICGR India); Operations Manager, V Zone International LLC (Online)</p>
	<p>Prof. Sajid Jamal Professor, Department of Education Aligarh Muslim University (Online)</p>	<p>Mrs. Seema Shaikh Director, Pragnya Bodhini High School, Mumbai; Regional Head - AFS Intercultural Programs, India</p>
	<p>Student Coordinators: RAPPORTEURS: (Panel Discussion IV): Mariel and Daniella COMPERING: Ancilla, Venice, Nunzia TECHNICAL SUPPORT: Ancilla, Venice, Nunzia PHOTOS: Chandrakant Parab</p>	
12.45-1.45pm	<p>Lunch Break</p>	

<p>Date: 28.02.2025</p> <p>Time: 1.45 pm - 3.45 pm (IST)</p> <p>Venue: Main Hall</p>	<p>PLENARY NGO Conclave: Innovations in Life Skills Integration – Case studies for holistic personal and societal development</p>	
	<p>Chairperson Dr Ajay Gaude, GCS, Chief Executive Officer, Zilla Panchayat, North Goa, Govt. of Goa</p> <p>Special Invitees Shri Kedar Naik Vice-Chairman, GSIDC, Government of Goa MLA, Saligao Constituency</p> <p>Shri Sandeep Bandodkar ZP member, Reis-Mogos, Zilla Panchayat</p>	
	<p>SPEAKERS</p>	
	<p>Dr S Kumaravel Asst. Professor and Head Department of Social Work RGNIYD</p>	<p>Dr. Sneha Pokhale Senior Consultant Psychiatrist State TeleMANAS, Goa</p>
	<p>Pallavi Kulshrestha Associate Director - National Partnerships, Dream-a-dream, Bangalore</p>	<p>Dr. Subhomoy Bhaduri Magic Bus Foundation Mumbai</p>
	<p>Dr. Sudha G Associate Professor, SMGFGC, Kollegal, BADA KU Social-Cultural- Educational Trust, Karnataka</p>	<p>RSVN Sharma Founder and CEO, MHITR, Bangalore</p>
	<p>Dr. G. Sureshkumar Chairman, Family Planning Association of India (FPAI), Kerala Chapter; EC Member, IALSE</p>	<p>Dr. T. Sunderasan Nair Former Director, State Resource Centre, Kerala, Govt. of India EC Member, IALSE</p>
	<p>Dr. V M Sasikumar Former Chairman, CTEF India, (South Zone)</p>	<p>Dr. Veku Gaude President, Kalyan Ashram, Goa</p>

	Dr Solomon Raj Managing Trustee Shelter Trust	
	Student Coordinators: RAPPORTEURS: Amayas and Rucha COMPERING: Aliya, Erica, Induja TECHNICAL SUPPORT: Aliya, Erica, Induja PHOTOS: Chandrakant Parab	
3.45 - 4.00 pm	Tea Break	

	PLENARY Focus Group Discussion <i>Uses and abuses of AI - Life Skills approach for digital well-being</i>	
Date: 28.02.2025 Time: 4.00 pm - 5.30 pm (IST) Venue: Main hall	Keynote Prof Matt Perelstein Co-Founder, EQ4Peace Worldwide, Inc USA (Online) Special Invitee Dr Gautam Gawali Deputy Pro Vice Chancellor & Director School of Behavioral Sciences, Amity University, Mumbai (Online) Chairperson Gayathri Rao Konkar Counselor, Nirmala Institute of Education and Goa Institute of Management	
	SPEAKERS	

	<p>Dr. Anand J Kulkarni Research Professor and Director Institute of Artificial Intelligence MIT World Peace University Pune (Online)</p>	<p>Ms Sulaxa Gawas Psychologist, Mental Health Professional, Goa</p>
	<p>Dr Kirti Chauhan Academic Counselor IGNOU, Pune</p>	<p>Ms Shrishti Jain School Psychologist TISB, Bangalore</p>
	<p>Student Coordinators: RAPORTEURS:(Plenary) Mariel and Daniella COMPERING: Aliya, Erica, Induja TECHNICAL SUPPORT: Aliya, Erica, Induja PHOTOS: Chandrakant Parab</p>	
5.30 - 6.30pm	<p>THEMATIC PAPER PRESENTATIONS Venue: Room 1 / Room 2 / Annex Conference room</p>	
	<p>Student Coordinators: RAPORTEURS: (Paper presentation): Cedric, Adan, Amayas, Mariel COMPERING: Mizia, Lisa, Nigel (Room 1). Michelle, Trupti, Grace (Room 2) Ankanni, Jwelency, Janice (D.El.Ed conference room) TECHNICAL SUPPORT: Sieno, Nigel PHOTOS: Chandrakant Parab</p>	

Day Three: 01/03/2025

<p>Date: 01.03.2025</p> <p>Time: 9:30 – 11:00 am (IST)</p> <p>Venue: Main Hall</p>	<p>PLENARY</p> <p>Invited Lecture - Life Skills Approach to Positive Mental Health</p> <p>Dr. Shekhar Seshadri Former Senior Professor & Director NIMHANS Advisor, SAMVAD</p>	
	<p>Student Coordinators: RAPORTEURS: (Plenary- invited lecture): Amayas and Rucha COMPERING: Tanisha, Edrie, Valusha REPORT: TECHNICAL SUPPORT: Tanisha, Edrie, Valusha, Sieno, Nigel PHOTOS: Chandrakant Parab</p>	
11.00-11.30 am	Tea Break	
<p>Date: 01.03.2025</p> <p>Time: 11.30- 01.30 pm</p> <p>Venue: Main Hall</p>	<p>PLENARY</p> <p>Think Tank</p> <p><i>Life Skills Education in the Context of NEP 2020: A Multistage Approach - Schools, Higher Education, and Teacher Education</i></p>	
	<p>Chairperson: Prof. M. N. Musthafa Former Head & Dean, Department of Education, Central University of Kerala; Director, E. Sreedharan Centre for Life Skills Education; President, IALSE</p>	
	DISCUSSANTS	
	<p>Dr G Srinivas Deputy Director Indira Gandhi National Open University, Goa</p>	<p>Prof V. Reghu Director, PG Dept. of Education MT Training College Trivandrum.</p>

	<p>Dr Chandrasekharan Praveen Former Faculty, ITEP, NIT Calicut</p>	<p>Dr Gauri Hardikar Senior Vice-President, World Curriculum, Comparative Education Societies, Geneva, Switzerland; Executive Director, IOCES</p>
	<p>Mr. Sharique Mashhadi Associate Director - Strategic Partnerships Dream a Dream Bangalore, India</p>	<p>Dr Sreelaxmi Madhusudan Murthy Director - Nūnam</p>
	<p>Mr Viren Parmar Advisor NEXT School, Mumbai</p>	
	<p>Student Coordinators: RAPORTEURS: (Plenary- Think tank): Cleeva and Shanugra COMPERING: Tanisha, Edrie, Valusha TECHNICAL SUPPORT: Tanisha, Edrie, Valusha, Sieno, Nigel PHOTOS: Chandrakant Parab</p>	
01.30 - 02.30 pm	Lunch Break	
02.30 - 03.30 pm Venue: Main Hall	Convergence	
03.30 - 04.00 pm	Tea Break	
04.00- 05.20 pm Venue: Main Hall	Valedictory	
	<p>Student Coordinators: RAPORTEURS:(Valedictory): Cleeva, Rucha and Cedric COMPERING: TECHNICAL SUPPORT: PHOTOS: Chandrakant Parab</p>	
05.20 - 06.00 pm	Certificate Distribution	

List of Sessions

Symposium I	<i>Integrating Life Skills into Education: Opportunities and Challenges</i>
Symposium II	<i>Life Skills for Building an Entrepreneurial Mindset</i>
Symposium III	<i>Life Skills Integrated Adolescent Reproductive and Sexual Health Education</i>
Symposium IV	<i>Adapting to Climate Change – Practices for a Modern Sustainable Lifestyle</i>
Panel Discussion I	<i>Community-Led Sustainable Lifestyles: Empowering Local Communities through Life Skills</i>
Panel Discussion II	<i>Addressing Gender Bias: Role of Life Skills Education</i>
Panel Discussion III	<i>Life Skills Education for Inclusive Communities</i>
Panel Discussion IV	<i>21st Century Life Skills in School Education: High Order Thinking and Problem-solving Skills</i>
Teen Talk	<i>Life Skills & Youth Engagement</i>
NGO Conclave	<i>Innovations in Life Skills Integration - Case studies for holistic personal and societal development</i>
Focus Group Discussion	<i>AI & Digital Well-being - Uses and Abuses of AI - Life Skills Approach for Digital Well-being</i>
Invited Lecture	<i>Life Skills & Mental Health</i>
Think Tank	<i>Life Skills in NEP 2020 - A Multistage Approach - Schools, Higher Education and Teacher Education</i>
Thematic Paper Presentations	