



**INDIAN ASSOCIATION OF LIFE SKILLS EDUCATION
(IALSE), CHENNAI**

&

NIRMALA INSTITUTE OF EDUCATION, PANAJI, GOA

INVITE YOU TO THE

**10th International Conference on
Life Skills Education
(ICLSE 2025)**

ON THE THEME

**LIFE SKILLS INTEGRATED
LEARNING AND LIVING:
PATHWAYS FOR A SUSTAINABLE FUTURE**

CONFERENCE DATES: 27th February – 1st March 2025

VENUE: Nirmala Institute of Education, Panaji, Goa



10th International Conference on Life Skills Education



CONCEPT:

Integrating life skills into daily living, education and modern lifestyles represents a new paradigm as individuals and communities seek holistic approaches to personal and social development. This paradigm emphasizes meaningful, reflective experiences that cultivate essential life skills, fostering personal growth, cultural competence, and resilience. Experiential lifestyles are increasingly shaped by a desire to align individual aspirations and well-being with sustainable practices and community-driven values. This approach emphasizes how education - both formal and experiential - can empower individuals to develop essential life skills, enabling them to navigate the complexities of a rapidly evolving world while contributing to sustainable living.

This integration plays a pivotal role in promoting sustainable development by fostering cross-cultural exchange, supporting local economies and encouraging environmental conservation. Life skills, as defined by the World Health Organization (WHO) and UNICEF, encompass a range of psychosocial and interpersonal skills that enable individuals to cope with the demands and challenges of daily life effectively. By embedding these skills into the design of experiences, education and lifestyle choices, we can create pathways for achieving the Sustainable Development Goals (SDGs), particularly SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 8 (Decent Work and Economic Growth), SDG 12 (Responsible Consumption and Production), SDG 13 (Climate Action), and SDG 14 (Life Below Water). These developments align with the aspirations of global frameworks such as the NEP 2020, SDGs 2030, and UNICEF's Life Skills and Citizenship Education Initiative, in fostering resilience, well-being, and global citizenship.

This conference explores how life skills integrated into modern, sustainable lifestyles can become transformative tools for individuals and societies. Through dialogue and collaboration, the conference aims to bring together educators, life skills practitioners, and other stakeholders to explore how these intersections can empower individuals and communities while fostering sustainable futures. The discussions will focus on experiential living, wellness, sustainability, and digital connectivity, and how these trends are shaping lifestyles that prioritize holistic growth and active participation in sustainable development.

OBJECTIVES:

- To explore how life skills integration into education and experiential lifestyles contributes to personal and societal development.
- To analyze the role of sustainable living, digital connectivity and community-driven living practices in shaping modern lifestyles.
- To examine the impact of life skills education on building cultural competence, resilience and emotional intelligence.
- To discuss the implications of integrating life skills for individuals, communities and industries through global and local experiences
- To discuss the implications of integrating life skills into policies, practices and modern educational approaches.
- To evaluate shifting trends toward niche lifestyles, technology integration and community-driven models.
- To create a platform for collaboration among life skills practitioners, educators, community leaders, and other stakeholders to share insights and best practices.



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SUB-THEMES:

The conference will delve into the following sub-themes:

A) Life Skills for Personal Growth and Global Competence

1. Experiential learning as a catalyst for personal development
2. Building cultural competence and active citizenship through global and local exposure
3. Digital nomadism and the growing trend of remote working and learning environments
4. Balancing personal aspirations with environmental and cultural conservation

B) Community Empowerment and Economic Sustainability

5. Community-driven models for preserving cultural heritage
6. Empowering local economies through life skills education and sustainable practices
7. Integration of life skills into wellness and holistic living
8. Life skills education to support migrants and foster inclusive communities

C) Education, Policy, and Sustainable Development Goals (SDGs)

9. Integrating life skills into formal education policies and systems
10. Life skills integrated Adolescent Reproductive and Sexual Health Education
11. 21st Century Life Skills in School Education: High order thinking and problem-solving skills.
12. Embedding environmental and cultural conservation into educational frameworks
13. Life skills education for achieving the Sustainable Development Goals (SDGs)

ABSTRACT SUBMISSION:

Abstracts submitted for consideration should use the following criteria:

- An abstract should not exceed 300 words (Any abstract that exceeds the required word count will not enter the review process).
- The relevant conference sub-theme should be identified
- The abstract should be written in English. Font: Times New Roman, size 12, line spacing is 1.5, overall margin is 1 inch
- The title should be as brief as possible but long enough to indicate clearly the nature of the study
- Abstracts should state briefly and clearly the background, purpose/objectives, methodology, results and conclusions/discussions of the work and keywords
- The abstract should clearly indicate the first author of the paper by adding one * as the superscript after the name (Eg: Axxxx*)
- The designation and affiliation of the authors should be mentioned on a separate page.
- The contact details of the Corresponding Author, including phone number and email address should be mentioned.

CONFERENCE PROCEEDINGS:

Abstracts of all the presentations during the conference will be published with ISBN. Selected articles will be published in the International Journal of Life Skills Education with ISSN.

Submission of Abstracts for In Person/Online Presentation

Extended timeline: On or before 26th January, 2025

Click Here to Submit Abstract:

<https://forms.gle/jMNz8dQwYRN5VWVu5>

Link to register for the 10th International Conference on Life Skills Education:

<https://forms.gle/sGivpxPcCh7bPjTk7>



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CONFERENCE REGISTRATION

- Registration fee includes a conference kit, lunch and tea during the three-day conference, and dinner on 27th February.
- Kindly note that all the co-presenters need to register individually for the conference, otherwise, separate certificates will not be given to co-presenters.
- Registration should be done online on or before 15th February 2025, after which only Spot registration will apply.

PAYMENT PROCESS:

- The conference fee shall be paid online. The details will be announced on the IALSE Website: www.ialse.net
- Registration without payment of fees will not be accepted and delegates will not be allowed to participate in the Conference. The papers submitted without payment of fees will not be published.
- Fees once paid will not be reimbursed.

Bank details for making payment for the conference registration

Amount payable to:

Name of a/c holder: Indian Association of Life Skills Education

Bank Name: Canara Bank

Savings A/c No: 2926101003784

Branch: No. 9, First Avenue, Ashok Nagar, Chennai 600 083

IFSC code: CNRB0000975 MICR Code: 600015006



Categories	Registration Fees				
	Early Bird (extended) Up to 26th January 2025 (In person)	Early Bird (extended) Up to 26th January 2025 (Online)	Late (extended) Up to 15th February 2025 (In person)	Late (extended) Up to 15th February 2025 (Online)	Spot Registration (Blended)
Academicians /Professionals (Paper presenters) /Participants from SAARC Nations	INR 2500/-	INR 2000/-	INR 2750/-	INR 2500/-	INR 3000/-
Foreign Delegates /NRI (Paper presenters)	US \$100	US \$100	US \$125	US \$125	US \$150
IALSE members (all types) and participants from Collaborating agencies	INR 1500/-	INR 1000/-	INR 2000/-	INR 1500/-	INR 2500/-
Research Scholars (The copy of ID Card of Research Scholars to be submitted along with the recommendation of Research Guide)	INR 1000/-	INR 1000/-	INR 1500/-	INR 1500/-	INR 1750/-
Students (Recommendation of Principal is required)	INR 750/-	INR 750/-	INR 750/-	INR 750/-	INR 1000/-



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PRE CONFERENCE WORKSHOP* | 26TH FEB 2025 | 10.00 AM - 4.00 PM

Workshop 1:

INTEGRATION OF LIFE SKILLS ACROSS CURRICULA

This workshop is designed to empower educators, curriculum developers, and policymakers with practical strategies for embedding life skills into various educational frameworks. Participants will explore the critical role life skills play in fostering holistic learning, resilience, and adaptability in students. Through dynamic sessions involving interactive discussions, real-world case studies, and collaborative group work, attendees will:

- Gain insights into the importance of life skills in the 21st-century educational landscape.
- Discover practical tools for incorporating life skills into existing curricula.
- Develop frameworks to create life skills-integrated learning environments.

This session is ideal for anyone looking to prepare students for real-world challenges by embedding essential skills like problem-solving, empathy, critical thinking, and collaboration into their learning journeys.

Target Audience: Educators, curriculum developers, school administrators, and educational leaders

Workshop 2:

RESEARCH METHODOLOGY IN LIFE SKILLS

Tailored for researchers, academicians, and scholars, this workshop offers a deep dive into research methodologies tailored to life skills education. It focuses on equipping participants with the knowledge to conduct impactful and methodologically sound studies. Attendees will:

- Explore theoretical foundations of life skills research.
- Understand diverse research designs and methodologies, including quantitative, qualitative, and mixed methods.
- Learn practical techniques for data collection, analysis, and interpretation.
- Receive expert feedback on research proposals and ongoing projects.

Through hands-on activities and guided discussions, participants will gain the confidence and skills necessary to advance life skills education through robust research.

Target Audience: Researchers, scholars, Ph.D. candidates, and educators with an interest in evidence-based practices.

*The two workshops will be **conducted in parallel**. Please select one option while registering.

Registration Fees:

- Early Bird Registration (till 31st January 2025): ₹1000/-
- Spot Registration: ₹1300/-

- For main conference registrants: INR 800/- (Please upload your registration confirmation email while registering)

Click here to register: <https://forms.gle/x8AK4MRU9v5MC6WQ7>

ACCOMMODATION OPTIONS

Given below is a list of suggested accommodations in Panjim, Goa, along with their tariffs. Participants are requested to **contact the hotels directly** using the provided telephone numbers.

1. Orav's Guest House (0832 - 2426128)
[Single Non AC: 900/-] [Double Non AC: 1000/- , AC: 2000/-]
2. The Menino Regency (0832 - 6641585)
[Single Non AC: 1500/- , AC: 1800/-] [Double Non AC: 1800/- , AC: 2000/-]
3. Hotel Manvin's (9766316024)
Double Non AC: 1700/- , AC: 2200/-
4. Ria Residency (0832 - 2220002)
Double AC: 2500/-
5. Hotel Manoshanti (0832 - 2227997)
[Single AC: 3080/-] [Double AC: 3472/-]

For any queries or assistance with accommodation, please contact:

Ms. Myra, Junior Steno, Nirmala Institute of Education
+91 94238 89230

TRAVEL INFORMATION

Panjim, Goa is easily accessible by air, rail, and road.

Nearest Transportation Hubs and distance from Panjim:

- Nearest Airport: Dabolim Airport (GOI), 26 km
- Nearest Train Station: Madgaon Railway Station (MAO), 33 km; or Thivim Railway Station (THVM), 23 km
- Nearest Bus Stand: Panjim Bus Stand (Kadamba Bus Terminal), 2-3 km from Venue

Google Location of Venue:

<https://maps.app.goo.gl/RWKBPXF3e4fnsiQU7>

Local Transportation

- Taxi Services: Local taxi stands are available at airports, train stations, and bus stands for convenient pick-up and drop.
- Ride-hailing Apps: Please note that **Ola and Uber apps do not operate in Goa**. Instead, download **Goa Miles**, a local taxi app, for your transportation needs within Goa.



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ORGANIZERS:

The **Indian Association of Life Skills Education (IALSE)** is a registered society and from its existence in 2010, brings together a forum where officials, academicians, professionals, researchers, policymakers, functionaries, and like-minded people would be able to interact, discuss, and thereby promote and strengthen Life Skills Education through an inter-disciplinary and trans-disciplinary approach. It has a pan-India presence, with over 250 members including life, institutional, and patron members from different parts of the country. (www.ialse.net)

Nirmala Institute of Education, Panaji, Goa is a secondary Teacher Education Institute established in 1963 by the Society of the Daughters of the Heart of Mary. The institution has completed 60 years as a premier Teacher Education Institute in 2023. Approved by the National Council for Teacher Education (NCTE), the college conducts several courses; providing pre- and in-service teacher education to thousands of teachers; like Bachelor of Education; Post Graduate Diploma in Guidance and Counselling, a Certificate Course in Early Child Care Education (ECCE); Diploma in Elementary Education and MA in Wellness Counselling. The main objective of the college is to develop universal values in teachers. (www.nirmalainstitute.org)

Conference Chairperson:

Dr. A. Radhakrishnan Nair

Founder President, Indian Association of Life Skills Education, Chennai
Former Registrar, Central University of Kerala
Visiting Professor, Assam Don Bosco University



Conference Director:

Prof. (Dr) M. N. Mohamedunni Alias Musthafa

President, Indian Association of Life Skills Education, Chennai
Professor, Dept. of Education
Director, E Sreedharan Centre for Life Skills Education, Central University of Kerala, Kasaragod
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For further inquiries, please contact:

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Conference email: ialse.iclse2025@gmail.com



**SAVE THE DATES:
FEBRUARY 27 – MARCH 1, 2025**