



**INDIAN ASSOCIATION OF LIFE SKILLS EDUCATION  
(IALSE), CHENNAI**

&

**NIRMALA INSTITUTE OF EDUCATION, PANAJI, GOA**

INVITE YOU TO THE

**10th International Conference on  
Life Skills Education  
(ICLSE 2025)**

ON THE THEME

**CONVERGENCE OF TOURISM  
&  
LIFE SKILLS INTEGRATED LIFESTYLES**

**CONFERENCE DATES:** 27th February – 1st March 2025

**VENUE:** Nirmala Institute of Education, Panaji, Goa



# 10th International Conference on Life Skills Education



## CONCEPT:

The convergence of tourism and life skills integrated lifestyles is an emerging phenomenon where travel becomes a conduit for personal growth and self-improvement. This trend is driven by a shift in tourism preferences toward more meaningful, experiential journeys that blend exploration with the cultivation of essential life skills. Modern travellers are increasingly seeking ways to align their personal goals, and well-being with their travel experiences. This convergence is not only influencing personal lifestyles but also reshaping the tourism industry itself, creating new opportunities and challenges for businesses, travellers, and communities.

Tourism, as a global industry, plays a pivotal role in promoting sustainable development by fostering cross-cultural exchange, supporting local economies and promoting environmental conservation. When tourism is integrated with life skills education, it opens new avenues for personal growth, cultural competence and resilience, all of which are essential to overcome global challenges. Life skills, as defined by the World Health Organization (WHO) and UNICEF, encompass a range of psychosocial and interpersonal skills that enable individuals to effectively cope with the demands and challenges of daily life. By incorporating life skills into tourism and lifestyle design, we can foster not only personal growth but also contribute to achieving the SDGs, particularly SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 8 (Decent Work and Economic Growth), SDG 12 (Responsible Consumption and Production), SDG 13 (Climate Action) and 14 (Life Below Water).

This conference explores how tourism, when aligned with life skills education and sustainable practices, can become a transformative tool for both individuals and societies. It aims to build on global frameworks like the NEP 2020, SDGs 2030, and UNICEF's Life Skills and Citizenship Education Initiative, emphasizing the importance of these skills in achieving sustainable development and fostering active global citizenship. The conference will deliberate on this convergence, focusing on experiential travel, wellness, sustainability and digital nomadism, and how these trends are transforming the tourism landscape into one that fosters holistic, life skills-focused lifestyles.

## OBJECTIVES:

- To explore how experiential and wellness tourism contribute to personal development by life skills integration.
- To analyze the role of sustainable tourism and digital nomadism in shaping modern lifestyles.
- To examine role of life skills in building cultural competence, resilience and emotional intelligence, nurtured through travel.
- To discuss the implications of convergence of tourism and life skills for the tourism and allied industry.
- To evaluate shifting trends toward niche markets, technology integration and community-driven travel models.
- To create a platform for collaboration between life skills practitioners, tourism experts, and other stakeholders to share insights and best practices.





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## SUB-THEMES:

The conference will delve into the following sub-themes:

### A) Sustainable and Responsible Tourism

1. Balancing travel with environmental and cultural conservation
2. Leveraging technology for sustainable and life skills focused travel

### B) Life Skills for Personal Growth and Global Competence

3. Travel as a catalyst for personal development
4. Building cultural competence & active citizenship through global exposure
5. Digital Nomadism and the growing trend of remote work environments

### C) Community Empowerment and Economic Sustainability

6. Community-driven tourism for preservation of cultural heritage
7. Empowering local economies through sustainable and indigenous practices

8. Integration of Life Skills in Wellness and Medical tourism

9. Life Skills to support migrants and foster inclusive communities

### D) Education, Policy, and Sustainable Development Goals (SDGs)

10. Integrating life skills into education systems and policies
11. Life Skills for achieving Sustainable Development Goals (SDGs)

## ABSTRACT SUBMISSION:

Abstracts submitted for consideration should use the following criteria:

- An abstract should not exceed 300 words (Any abstract that exceeds the required word count will not enter the review process).
- The relevant conference sub-theme should be identified
- The abstract should be written in English. Font: Times New Roman, size 12, line spacing is 1.5, overall margin is 1 inch
- The title should be as brief as possible but long enough to indicate clearly the nature of the study
- Abstracts should state briefly and clearly the background, purpose/objectives, methodology, results and conclusions/discussions of the work and keywords
- The abstract should clearly indicate the first author of the paper by adding one \* as the superscript after the name (Eg: Axxxx\*)
- The designation and affiliation of the authors should be mentioned on a separate page.
- The contact details of the Corresponding Author, including phone number and email address should be mentioned.

## CONFERENCE PROCEEDINGS:

Abstracts of all the presentations during the conference will be published with ISBN. Selected articles will be published in the International Journal of Life Skills Education with ISSN.

### Submission of Abstracts for In Person/Online Presentation

Last Date: 10th Jan 2025

Click Here to Submit Abstract:

<https://forms.gle/jMNz8dQwYRN5VWVu5>

### Link to register for the 10th International Conference on Life Skills Education:

<https://forms.gle/sGivpxPcCh7bPjTk7>



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## CONFERENCE REGISTRATION

- Registration fee includes a conference kit, lunch and tea during the three-day conference, and dinner on 27th February.
- Kindly note that all the co-presenters need to register individually for the conference, otherwise, separate certificates will not be given to co-presenters.
- Registration should be done online on or before 15th January 2025, after which only Spot registration will apply.

## PAYMENT PROCESS:

- The conference fee shall be paid online. The details will be announced on the IALSE Website: [www.ialse.net](http://www.ialse.net)
- Registration without payment of fees will not be accepted and delegates will not be allowed to participate in the Conference. The papers submitted without payment of fees will not be published.
- Fees once paid will not be reimbursed.

### Bank details for making payment for the conference registration

Amount payable to:

Name of a/c holder: Indian Association of Life Skills Education

Bank Name: Canara Bank

Savings A/c No: 2926101003784

Branch: No. 9, First Avenue, Ashok Nagar, Chennai 600 083

IFSC code: CNRB0000975 MICR Code: 600015006



Categories	Registration Fees				
	Early Bird Up to 15th January 2025 (In person)	Early Bird Up to 15th January 2025 (Online)	Late Up to 10th February 2025 (In person)	Late Up to 10th February 2025 (Online)	Spot Registration (Blended)
Academicians /Professionals (Paper presenters) /Participants from SAARC Nations	INR 2500/-	INR 2000/-	INR 2750/-	INR 2500/-	INR 3000/-
Foreign Delegates /NRI (Paper presenters)	US \$100	US \$100	US \$125	US \$125	US \$150
IALSE members (all types) and participants from Collaborating agencies	INR 1500/-	INR 1000/-	INR 2000/-	INR 1500/-	INR 2500/-
Research Scholars (The copy of ID Card of Research Scholars to be submitted along with the recommendation of Research Guide)	INR 1000/-	INR 1000/-	INR 1500/-	INR 1500/-	INR 1750/-
Students (Recommendation of Principal is required)	INR 750/-	INR 750/-	INR 750/-	INR 750/-	INR 1000/-





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## ORGANIZERS:

The **Indian Association of Life Skills Education (IALSE)** is a registered society and from its existence in 2010, brings together a forum where officials, academicians, professionals, researchers, policymakers, functionaries, and like-minded people would be able to interact, discuss, and thereby promote and strengthen Life Skills Education through an inter-disciplinary and trans-disciplinary approach. It has a pan-India presence, with over 250 members including life, institutional, and patron members from different parts of the country. ([www.ialse.net](http://www.ialse.net))

**Nirmala Institute of Education, Panaji, Goa** is a secondary Teacher Education Institute established in 1963 by the Society of the Daughters of the Heart of Mary. The institution has completed 60 years as a premier Teacher Education Institute in 2023. Approved by the National Council for Teacher Education (NCTE), the college conducts several courses; providing pre- and in-service teacher education to thousands of teachers; like Bachelor of Education; Post Graduate Diploma in Guidance and Counselling, a Certificate Course in Early Child Care Education (ECCE); Diploma in Elementary Education and MA in Wellness Counselling. The main objective of the college is to develop universal values in teachers. ([www.nirmalainstitute.org](http://www.nirmalainstitute.org))

### Conference Chairperson:

#### Dr. A. Radhakrishnan Nair

Founder President, Indian Association of Life Skills Education, Chennai  
Former Registrar, Central University of Kerala  
Visiting Professor, Assam Don Bosco University



### Conference Director:

#### Prof. (Dr) M. N. Mohamedunni Alias Musthafa

President, Indian Association of Life Skills Education, Chennai  
Professor, Dept. of Education  
Director, E Sreedharan Centre for Life Skills Education, Central University of Kerala, Kasaragod  
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## For further inquiries, please contact:

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Conference email: [ialse.iclse2025@gmail.com](mailto:ialse.iclse2025@gmail.com)



**SAVE THE DATES:  
FEBRUARY 27 - MARCH 1, 2025**